



Virtual Training Academy

Fall Trauma Trainings Scheduled...

Virtual training sessions for October and November have been scheduled for Witness Justice's [Virtual Training Academy](#). Each one hour training session is \$75.00 per participant. For more information on the training sessions please email v-training@witnessjustice.org or call (301) 846-9110. [Click here](#) to register.

Quick Links

[Witness Justice Team Heal Trauma Office on Violence Against Women National Center for Trauma-Informed Care](#)

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Upcoming Journaling Training to be Presented by Mildred Muhammad

Friday, October 17, 2008 1:30-2:30 pm EST



Mildred Muhammad, Executive Director of [After the Trauma](#) and ex-wife of the infamous D.C. Sniper - John Allen Muhammad, will present a virtual training session on "Journaling - The Benefits."

This session is designed to focus on the benefits of journaling as a form of healing arts. The training will encompass methods to help become more self aware through personal reflection and documentation. Ms. Muhammad has recently published a book, [A Survivor's Journal](#), and will showcase the unique journaling method she has developed for survivors of trauma. The benefits of journaling and

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how it can aid in mental wellness and recovery will also be discussed.

Ms Muhammad's book can be purchased separately on her website:

<http://www.afterthetrauma.org/myjournal.html>

Trauma Specialist David Washington Presents with Colleagues on Substance Abuse

Tuesday, November 18, 2008 1:30-2:30 pm EST

David Washington, LGSW, LCADC, AD/PC Sup, a licensed social worker who specializes in the treatment of trauma and chemical dependence, is the program coordinator for both the Jail Substance Abuse and T.A.M.A.R. (Trauma, Addictions, Mental Health, and Recovery) Programs for the Washington County, Maryland, Health Department.



Mr. Washington and two of his colleagues; Kimberly Schroth-Meyer LCWS-C, Program Coordinator and Katie O'Neil, LCSW-C, Mental Health Therapist, will be presenting a training session on "Identifying the Needs and Interventions for Substance Abusing Individuals." This training will define trauma, focus on ways to screen for trauma, and explore appropriate ways for service providers working with trauma survivors to intervene when overwhelming situations have the potential to trigger substance abuse.

The State of Maryland was awarded the Healing Ourselves through Promises of Empowerment (H.O.P.E.) Award's State Commendation for its statewide effort - spear-headed by Maryland's Mental Hygiene Administration and Office of Special Needs Populations - to implement the T.A.M.A.R. Program in eight detention centers and one state hospital and to continue its funding through Fiscal Year 2009. Mr. Washington accepted the award on behalf of his colleagues at [Dare to Transform](#), a summit hosted earlier this summer by the Center for Mental Health Services' National Center for Trauma-Informed Care.

Witness Justice is a national, grassroots, nonprofit organization created by survivors for survivors. Our mission is to offer advocacy and support to victims of violence and trauma. Witness Justice offers support regardless of where a victim lives, when or where the crime occurred, or whether the crime was ever reported. For more information, visit www.WitnessJustice.org.

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